

WUSD Wellness and Menu Committee

Meeting Minutes

3/18/2025

Present: James Scott,

Virtual: Denise Bergman, Lisa Smith, Lowanna Perry, Joyce Henneman, Elaine Salayo, Matt Montgomery, Kelli Lemken

Absent: Carissa Hershkowitz, Sean Kush, Monica Zarate

Next Meeting: May 13, 2025 -Virtual Only

The meeting commenced at 4:15 PM. James started the meeting by greeting everyone. He thanked everyone for turning in their Goals. Each school will continue working on their Year 3 Assessments which are due May 1, 2025. Lisa will send a reminder of the due date on April 20th.

James asked if anyone was able to apply for the Fuel UP Grant, <https://www.fuelup.org/funding-information>, a fitness/wellness program sponsored by the AZ Dairy Council. FFES wanted more information on it. Originally the cut off date to apply was March 12, 2025 for the 25-26 school year, however James discovered that there was an extension to April 8, 2025.

The committee discussed menu items. VP mentioned the students like the mac & cheese, cheese burgers and pizza. The grilled chicken however was not a big hit.

We discussed the need for adding board members, members of the community and students to better represent everyone on the Wellness Committee.

The committee will meet again one more time on May 13, 2025 virtually.

The meeting adjourned at 4:30 PM.